

# SETTERS/HITTERS ELITE BOOT CAMP JUNE 28-29, 2011 5:30 - 9:30 PM



**LIMITED SPOTS!**

## Camp Tuition Includes:

- Intense Training
- Tachikara Volleyball
- Camp T-Shirt

## Eastside Volleyball Club 2011 Setters/Hitters/Blockers Boot Camp

The Eastside Volleyball Club is pleased to offer our USA Volleyball sanctioned Setters/Hitters Elite Boot Camp. The camps will focus on specific position training and technique and is open to Grade School, Junior High School, & High School athletes. We are in our 15th year of running volleyball. This camp embodies the Eastside Volleyball Club philosophy and approach to the finer points of competitive volleyball.

### TECHNIQUE

## Setters

Setting Skill Technique and repetitions on Footwork, Attack Skills, & Setting Types

## Hitters

Arm swing and Footwork. Specific training on Outside, Middle, Right Side positions

## Eastside Volleyball Club

1621 Highview Road  
East Peoria, IL. 61611

For Further Information:  
Phone: (309) 699-8738  
Fax: (309) 210-0713

E-mail: Director@Eastsidevb.com



## Eastside Elite Camp 2011 Registration Form

Parents Name \_\_\_\_\_

Address \_\_\_\_\_

Phone — Cell/Home \_\_\_\_\_

Participants Name \_\_\_\_\_

Email Address \_\_\_\_\_

Sign up for:

Setters Boot Camp (GS/JHS) \_\_\_\_\_ \$100

Setters Boot Camp (HS) \_\_\_\_\_ \$100

Hitters Camp (GS/JHS) \_\_\_\_\_ \$100

Hitters Camp (HS) \_\_\_\_\_ \$100

Total \_\_\_\_\_

Date of Birth \_\_\_\_\_

T-shirt Size \_\_\_\_\_

USA Volleyball Registration required before participation in camp. Please contact Eastside VBC to Register.