

Eastside Smack Sports Wear - Pepsi Cola Girls High School Volleyball Classic
Day 1 - Saturday, December 1, 2007

Both days held at: Peo. River Plex; 600 NE Water Street; Peoria, IL

Time	Court	Team	Time	Court	Team
1:30 PM	No. 1	Team Aqua Fina Group	4:00 PM	No.1	Team Mountain Dew Group
	No. 2	Team Tropicana Group		No. 2	Team Pepsi Cola Group
	No. 3	Team Propel Group		No. 3	Team Mug Root Beer Group
	No. 4	Team SoBe Group		No. 4	Team Gatorade Group

Time	Court	Team
6:30 PM	No. 1	Team Tachikara Group
	No. 2	Team Smack Wear Group
	No. 3	Team Plyocity Group
	No. 4	Team Sierra Mist Group

Schedule Format for Saturday Session

Volleyball Skills Session - 2 1/2 hours

1. Plycity Warm-up - 10 min.
2. Self Toss Attack Drill Part 1/2 - 30 min.
(5 minute break)
3. Three Person Dig-Set-Attack Drill - 20 min.
4. Four-on-four Deep Court Drill - 20 min.
(5 minute break)
5. Controlled 6-on-6 Sequence Drills - 45 min.
(5 minute break)
6. Competition team placement - 10 Min.

Saturday Recruiting Seminar's

Scott Luster, Bradley University

2:15 pm to 3:00 pm

Bob Heersema, St. Xavier University

3:15 pm to 4:00 pm

Mike Trame, Parkland Community College

5:15 pm to 6:00 pm

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Day 2 - Sunday, December 2, 2007

Sunday Recruiting Seminar's

Jill Schopieray, St. Joseph's College
11:00 am to 11:45 am

Kim Nelson-Brown, Illinois Wesleyan
12:00 pm to 12:45 am

Scott Luster, Bradley University
1:00 pm to 1:45 pm

Sue Sinclair, Illinois Central College
2:00 pm to 2:45 pm

Competition Schedule

Competition Schedule							
		Pool 1				Pool 2	
Team 1/A		Team Pepsi Cola 1	Team Smack Wear 1	Team Mountain Dew 1		Team Mug Root Beer 1	
Team 2/B		Team Pepsi Cola 2	Team Smack Wear 2	Team Mountain Dew 2		Team Mug Root Beer 2	
Team 3/C		Team Pepsi Cola 3	Team Smack Wear 3	Team Mountain Dew 3		Team Mug Root Beer 3	
		Pool 3				Pool 4	
Team 1/A		Team Sierra Mist 1	Team Plyocity 1	Team Tachikara 1		Team Gatorade 1	
Team 2/B		Team Sierra Mist 2	Team Plyocity 2	Team Tachikara 2		Team Gatorade 2	
Team 3/C		Team Sierra Mist 3	Team Plyocity 3	Team Tachikara 3		Team Gatorade 3	
		Pool 5				Pool 6	
Team 1/A		Team Propel 1	Team SoBe 1	Team Aqua Fina 1		Team Tropicana 1	
Team 2/B		Team Propel 2	Team SoBe 2	Team Aqua Fina 2		Team Tropicana 2	
Team 3/C		Team Propel 3	Team SoBe 3	Team Aqua Fina 3		Team Tropicana 3	

Two games to 30 points - Time limit of 40 minutes for play - Warm-up time between match is 5 minutes.

Ct. 1 - River Plex - Aux. Gym Ct. 2 - River Plex - Main Gym

Ct. 3 - River Plex - Main Gym Ct. 4 - River Plex - Main Gym

7:15 AM		P1 3xA
Team		Team Pepsi Cola 3
Team		Team Smack Wear 1
Ref		Team Pepsi Cola 1

	P2 3xA
	Team Mountain Dew 3
	Team Mug Root Beer 1
	Team Mountain Dew 1

8:00 AM	P1 1xB	P1 2xC
Team	Team Pepsi Cola 1	Team Pepsi Cola 2
Team	Team Smack Wear 2	Team Smack Wear 3
Ref	Team Pepsi Cola 3	Team Smack Wear 1

	P2 1xB	P2 2xC
	Team Mountain Dew 1	Team Mountain Dew 2
	Team Mug Root Beer 2	Team Mug Root Beer 3
	Team Mountain Dew 3	Team Mug Root Beer 1

8:45 AM	P1 3xB	P1 2xA
Team	Team Pepsi Cola 3	Team Pepsi Cola 2
Team	Team Smack Wear 2	Team Smack Wear 1
Ref	Team Pepsi Cola 1	Team Smack Wear 3

	P2 3xB	P2 2xA
	Team Mountain Dew 3	Team Mountain Dew 2
	Team Mug Root Beer 2	Team Mug Root Beer 1
	Team Mountain Dew 1	Team Mug Root Beer 3

9:30 AM	P1 3xC	P1 1xA
Team	Team Pepsi Cola 3	Team Pepsi Cola 1
Team	Team Smack Wear 3	Team Smack Wear 1
Ref	Team Smack Wear 2	Team Pepsi Cola 2

	P2 3xC	P2 1xA
	Team Mountain Dew 3	Team Mountain Dew 1
	Team Mug Root Beer 3	Team Mug Root Beer 1
	Team Mug Root Beer 2	Team Mountain Dew 2

10:15 AM	P1 1xC	P1 2xB
Team	Team Pepsi Cola 1	Team Pepsi Cola 2
Team	Team Smack Wear 3	Team Smack Wear 2
Ref	Team Pepsi Cola 3	Team Smack Wear 1

	P2 1xC	P2 2xB
	Team Mountain Dew 1	Team Mountain Dew 2
	Team Mug Root Beer 3	Team Mug Root Beer 2
	Team Mountain Dew 3	Team Mug Root Beer 1

11:00 AM	P3 1xB	P3 2xC
Team	Team Sierra Mist 1	Team Sierra Mist 2
Team	Team Plyocity 2	Team Plyocity 3
Ref	Team Sierra Mist 3	Team Plyocity 1

	P4 1xB	P4 2xC
	Team Tachikara 1	Team Tachikara 2
	Team Gatorade 2	Team Gatorade 3
	Team Tachikara 3	Team Gatorade 1

11:45 AM	P3 3xB	P3 2xA
Team	Team Sierra Mist 3	Team Sierra Mist 2
Team	Team Plyocity 2	Team Plyocity 1
Ref	Team Sierra Mist 1	Team Plyocity 3

	P4 3xB	P4 2xA
	Team Tachikara 3	Team Tachikara 2
	Team Gatorade 2	Team Gatorade 1
	Team Tachikara 1	Team Gatorade 3

12:30 PM	P3 3xC	P3 1xA
Team	Team Sierra Mist 3	Team Sierra Mist 1
Team	Team Plyocity 3	Team Plyocity 1
Ref	Team Plyocity 2	Team Sierra Mist 2

P4 3xC	P4 1xA
Team Tachikara 3	Team Tachikara 1
Team Gatorade 3	Team Gatorade 1
Team Gatorade 2	Team Tachikara 2

1:15 PM	P3 1xC	P3 2xB
Team	Team Sierra Mist 1	Team Sierra Mist 2
Team	Team Plyocity 3	Team Plyocity 2
Ref	Team Sierra Mist 3	Team Plyocity 1

P4 1xC	P4 2xB
Team Tachikara 1	Team Tachikara 2
Team Gatorade 3	Team Gatorade 2
Team Tachikara 3	Team Gatorade 1

2:00 PM	P5 3xA	P2 3xA
Team	Team Propel 3	Team Sierra Mist 3
Team	Team SoBe 1	Team Plyocity 1
Ref	Team Propel 1	Team Sierra Mist 1

P6 3xA	P4 3xA
Team Aqua Fina 3	Team Tachikara 3
Team Tropicana 1	Team Gatorade 1
Team Aqua Fina 1	Team Tachikara 1

2:45 PM	P5 1xB	P5 2xC
Team	Team Propel 1	Team Propel 2
Team	Team SoBe 2	Team SoBe 3
Ref	Team Propel 3	Team SoBe 1

P6 1xB	P6 2xC
Team Aqua Fina 1	Team Aqua Fina 2
Team Tropicana 2	Team Tropicana 3
Team Aqua Fina 3	Team Tropicana 1

3:30 PM	P5 3xB	P5 2xA
Team	Team Propel 3	Team Propel 2
Team	Team SoBe 2	Team SoBe 1
Ref	Team Propel 1	Team SoBe 3

P6 3xB	P6 2xA
Team Aqua Fina 3	Team Aqua Fina 2
Team Tropicana 2	Team Tropicana 1
Team Aqua Fina 1	Team Tropicana 3

4:15 PM	P5 3xC	P5 1xA
Team	Team Propel 3	Team Propel 1
Team	Team SoBe 3	Team SoBe 1
Ref	Team SoBe 2	Team Propel 2

P6 3xC	P6 1xA
Team Aqua Fina 3	Team Aqua Fina 1
Team Tropicana 3	Team Tropicana 1
Team Tropicana 2	Team Aqua Fina 2

5:00 PM	P5 1xC	P5 2xB
Team	Team Propel 1	Team Propel 2
Team	Team SoBe 3	Team SoBe 2
Ref	Team Propel 3	Team SoBe 1

P6 1xC	P6 2xB
Team Aqua Fina 1	Team Aqua Fina 2
Team Tropicana 3	Team Tropicana 2
Team Aqua Fina 3	Team Tropicana 1